

## Victoria Bowmann, PhD

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### Book Publication:

[\*\*You Gotta Have GUTS: The Natural Approach to G I Health\*\*](#) June 2009

30+ years in private practice has given Victoria a unique perspective on helping others. The natural approach can augment traditional medicine and/or support the body in healing itself.

Dr Victoria Bowmann's methods are life altering!

– Robert Kaplan, M.D. (radiologist)

Everyone should have this book as a reference to insure good health for the entire person.

– Terry Friedman, M.D. (specialist in Tropical Disease)

### Education:

PhD: Homeopathy and Natural Medicine	Westbrook University Wierton WV	February 1999
Doctorate in Homeopathic Medicine	British Institute of Homeopathy London, England	March 1995
Massage and Colon Therapy License Multiple Modalities	American College of Natural Healing Sciences, Inc. Mesa AZ	May 1978
Bachelor of Science	Arizona State University Tempe AZ	May 1972
Continuing Education	3 health/medical conferences yearly (minimum)	

### Magazine Publications:

*Public Health Alert* ([publichealthalert.org](http://publichealthalert.org))

Helpful – Healing – Rectal Infusions

Vol 7 #6

May 2012

Cleansing Neurotoxin Overload

Vol 3 #5

May 2008

*Naturopathic Doctors News and Review*

Colon Reflorastation Therapy (co-author: Stills, ND)

Vol 4 #1

2008

*Townsend Newsletter* –

Book Review – You Gotta Have GUTS – Jule Klotter

Oct 2011

Explore! for the Professional ([explorepub.com](http://explorepub.com))

Detoxification Synastry	Vol 20 #4	2011
Rectal Probiotic Protocols: Reflorastation	Vol 19 #5	2010
Three Aspects of Leaky Gut	Vol 18 #5	2009
What You See is What You Ate	Vol 18 #4	2009
Developing Bowel Integrity	Vol 13 #5	2004

### **Presentations:**

“Reflorastation Therapy”	March 2011
AHIMA – Integrative Medical Conference – Tempe AZ	
“Start in the Gut” An overview of cleaning for detoxification	June 2009
Lyme-Autism Connection Conference – Fountain Hills AZ	
“Reflorastation Therapy” breakout session	Oct 2000
Fox Hollow - Louisville KY	
“Reflorastation Therapy”	July 1997
Paracelsus Clinic in Lustmuhle, Switzerland	

### **Radio / TV Interviews:**

Josh Lane	LA Talk Live	Here’s to your Health	March 2012
Frankie Boyer	WBIX - Boston	Frankie Boyer Show	Jan 2012
Danielle Lin	Syndicated SLC	Danielle Lin Show	Nov 2011
Rhett Palmer	WJNX & WAXE	The Florida Show	Oct 2011
Ellen Kamhi	PRN	Natural Nurse	Sept 2011
TV: Oralia Ortega	News Channel 9	El Paso TX	Aug 2011
David Snow	KHNR - Hawaii	Doctor Health Radio	July 2011
Michael Dresser	BBS Radio	Dresser after Dark	May 2011
TV: AM Arizona - AZTV7/Cable 13 - with Tonya Mock & Lew Rees			March 2010
<b>You Gotta Have GUTS: <i>The Natural Way to Enhance GI Health</i></b>			
Radio: “Your Book Is Your Hook” An interview with Jennifer Wilkov			March 2010
Women’s Radio Network			

Videos, additional media appearances,  
and additional publications available on request.

### **Personal:**

Victoria is a dynamic single woman, with one married adult son, and four grandsons.  
Although she was born in El Paso TX, she has lived in Arizona since 1968.  
Her interests include travel, mysticism, horseback riding, reading,  
educational - motivational speaking, and warm water sports.  
She lives by the motto: “Happiness is a choice.”